

The Aorta

PUBLISHED BY AND FOR THE STAFF OF THE U. S. NAVAL HOSPITAL AT LONG BEACH, CALIFORNIA

Volume Two

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APRIL, 1945

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Number 4

Recreation Deck Furniture Donated In Memory of Navy Aviator

"Boy, oh boy, this is really swell," says a husky Marine as he sinks into one of the comfortable sofas outside the auditorium, "all the comforts of home right here in the hospital!"

Exclamations such as this are commonplace since serviceable leather chairs and sofas have been placed in the recreation area on the second deck where they offer a comfortable haven for patients and staff.

The new furniture is a gift from friends of the family of Ensign Robert Wastfield Beedle who was officially reported to be missing in action on 4 January 1944 when the plane which he piloted was shot down in the water off Kavieng, New Ireland.

Ensign Beedle enlisted in the U. S. Naval Reserve on 18 May 1942, and accepted his appointment as Ensign on 1 May 1943. His last duty was with Fighting Squadron V-F 18.

The decorations received by Ensign Beedle were: the Asiatic-Pacific Area Campaign Medal, Purple Heart, Air Medal, Gold Star in lieu of Second Air Medal, and a Personal Presidential Citation.

Patients and Staff join in extending their thanks to the kind donors for their thoughtful gift. The furniture will be a serviceable tribute to the memory of the intrepid aviator in whose honor it was given.

DIHYDROQUININES SYNTHESIZED AT NAVAL MEDICAL SCHOOL

Naval Medical School, Bethesda, Md. (HCQNS)—Total synthesis of isomeric dihydroquinines with new methods of production of such antimalarial compounds was announced by the Department of General Chemistry here at the successful conclusion of experiments which began in November 1942.

The new methods permit manufacture of antimalarial mixtures "at a cost approximating or less than that of quinine at the prewar price." Experiments were supervised by Lt. Orin C. Western (HC) USN, assisted by Lt. (jg) Ernest E. Ozburn (HC) USN; Carl W. Olson, Ch. PhM., USN; J. Fred Owings, Jr., PhMlc, USNR; Ralph G. Child, PhMlc, USNR; and Howard E. Thompson, PhMlc, USNR.

NEW GOLD GLITTERS ON NURSES

The tailor shop at the Long Beach Naval Hospital put out the "Standing Room Only" sign recently when it was besieged by 76 Navy Nurses who needed important alterations on their caps and "dress" uniforms.

"Sew half-stripes on mine!" exclaimed one of the attractive nurses.

"I'll take full-stripes this time," said another.

Yards of gold braid reeled off the spinning spools in the shop as the nimble fingers of the busy seamstresses tried valiantly to keep up with the ever-increasing flood of requests.

Happiness was the order of the day for these 76 girls. They had just received notices advising them that they had been promoted.

"We all feel that these promotions are proof of the fact that the Navy recognizes the vital role nurses are playing in the war program," said a spokesman for the group.

The newly promoted Lieutenants are: Mary M. Langton, Lenore A. Terrell, Helen M. Rhoades, Edith M. Williams, Vinnie K. Giddens—all (NC) USN.

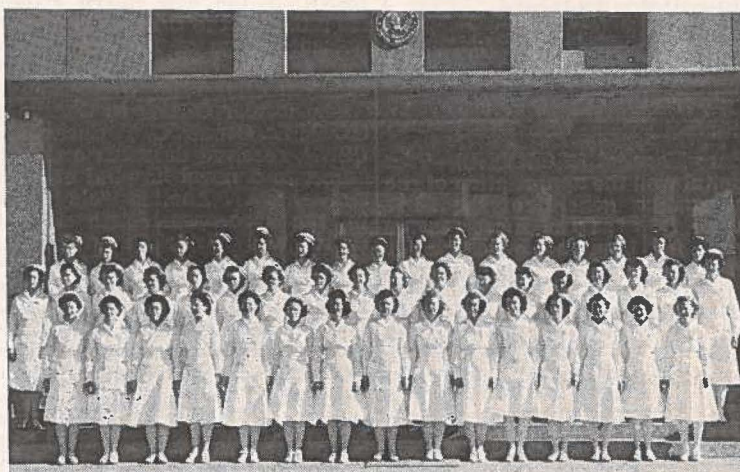
Gwen Woodall, Sara J. Gross, Martha A. Hunter, Essie R. Rivers, Ruth N. Butler, Loe Peebles and Harriet E. Jorgensen—all (NC) USNR.

The new Lieutenants (junior grade) are: Margaret L. Magee, Irene P. O'Connell, Mary A. McGrory, Rose A. Yonker, Anna M. McDowell, Clara M. Gengler, Golda M. Winscott, Clovis I. Adams—all (NC) USN.

Invela M. Artz, Verna R. Dombroski, Florence M. Fraser, Ruth L. Gouge, Helen L. Harold, Mary E. Hayden, Eva C. Haynes, Floy E. Henry, Kathryn J. Lang, Fawn E. Stauffer, June Stauffer, Evelyn M. Hatteberg, Shirley F. Sheridan, Juanita L. Brewer, Emma C. Bowman, Astrid E. Zoebisch, Frances M. Olesko, Anne Firman, Virginia R. Lee, Inez M. Pellish, Cora M. Ulvan, Eileen M. Gorman, Mary E. Harris, Mary R. Wiegenstein, Paula M. Cook, Mary V. Haynes, Virginia M. Gonoski, Madeline C. McGonagle, Florence M. Freese, Irma L. Bradley, Mary C. O'Neill, Blanche Z. McBeath, Winnifred E. Rose, Lorraine A. Murphy, Helen E. Mickelson, (Continued on Page 3, Column 1)



Two full stripes now adorn the caps of the newly promoted Lieutenants pictured above. They are from left to right: (first row) L. Peebles, M. A. Hunter, E. M. Rivers, E. M. Williams, and R. N. Butler; (second row) V. U. Giddens, S. J. Gross, L. A. Terrell, G. Woodall, and H. M. Rhoades.



You may now address all of the above members of the Nursing Staff of this hospital as Lieutenants (jg). They are from left to right: (first row) M. C. McGonagle, B. Z. McBeath, I. P. O'Connell, O. Petrovich, J. Petrovich, M. A. Pritchett, L. A. Murphy, H. E. Mickelson, A. M. McDowell, C. D. Anderson, V. M. Gonoski, M. V. Haynes, E. C. Bowman, C. I. Adams, and A. E. Zoebisch; (second row) M. L. Kirkland, P. M. Cook, J. L. Brewer, F. M. Olesko, G. C. Young, I. M. Pellish, F. A. Nelson, E. M. Hatteberg, H. T. Mueller, A. Firmin, M. E. Harris, A. B. VanCleave, A. M. Gengler, M. A. McGrory, I. L. Bradley, A. V. Ahlstrom and G. M. Winscott; (third row) S. F. Sheridan, E. F. Petermeier, W. E. Rose, M. E. Wiebe, R. A. Yonker, F. M. Freese, M. R. Wiegenstein, V. R. Lee, E. M. Gorman, E. H. O'Mara, J. G. Robertson, C. M. Ulvan, H. H. Monger, M. C. O'Neill, M. L. Ahlquist, I. P. McArthur, R. V. Mastronardi. They were recently promoted under an ALNAV order.

THE AORTA

Published by and for the Staff of the U. S. Naval Hospital,
Long Beach, California

C. M. Shaar, Capt. (MC) USN.....Medical Officer in Command
I. L. V. Norman, Capt. (MC) USN.....Executive Officer
C. S. Conner, Lt. (jg) (HC) USN.....Welfare Officer
P. C. Skehan, Lt. (CHC) USNR.....Catholic Chaplain
E. F. Lawrence, Lt. (jg) (CHC) USNR.....Protestant Chaplain

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Marion Ahlquist, Lt. (jg) (NC) USNR.....Nurses
M. C. Patrick, HA1/c.....Sports

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TREAT IT WELL

Although all of the equipment on the hospital compound is the property of the Navy all of it was not purchased with Navy funds. A great many individuals and organizations have generously donated to our Welfare Fund for the purchase of many of our recreational items such as an organ, pianos, band instruments, solarium furniture, etc.

An outstanding example of this type of donation is the luxuriously comfortable furniture that now graces the recreation area on the second deck. This set-up of leather couches, chairs, and tables was graciously donated to the hospital in memory of a boy reported missing in action overseas.

The donors gave unstintingly so that other boys would enjoy added comfort while hospitalized. They gave what they hope will be a permanent monument to the memory of this boy.

It is up to every one of us—patients and staff—to insure against any possible harm to this furniture. Not only as a token of respect to the donors, but as a matter of consideration to those who will follow us.

Treat every item that is provided for your recreation or comfort with the same care you would give it if it were your own.

We would resent a guest who would carelessly burn or stain our own household furnishings—let's start resenting our careless neighbors who purposely or negligently damage the articles of comfort that are provided for our well-being while we are on the hospital compound.

—B. G.

ADVANCEMENTS IN RATE

During March the following advancements in rate were announced:

To PhM1/c(T) — Dugas, Louis John; MacMeekin, Della Isaquena.
To PhM2/c(T) — Britt, John Anderson; Siegel, Gilbert D.

To PhM3/c(T) — Ashworth, Charles Vincent; Brown, David Carroll; Brown, Oscar August; Cohn, Gloria Mariann; Corwin, Daniel Alden; Day, Harold Lyle; Fesler, Eugene Vincent; Greenwald, Alan Edwin; Kane, Peter Vincent; Kennedy, Arnold Richardson; Kerns, Duncan Ray; Lethin, Paul Albert; Logan, Edwin Wilson; Loudis, Joseph Marion Jr.; McNeil, Dan Crofford; Sonntag, Charles Eugene Jr.; Taylor, Gerald Francis; Wright, Sherman Eugene.

To HA1/c — Bauer, Nyle Wilcox; Bertino, George "G" Jr.; Bettes, Joel Lynn; Forbes, Charles "E" Jr.; Jackson, Leonard Howard; Kennedy, Joseph Thomas; Orcutt, Robert Sewell; Rolle, Carl Gustave; Shaw, Jerry Milton; Weiser, Bernard Martin.

BASE HOSPITAL 15 WINS THANKS FROM MARINES

Base Hospital 15 (HCQNS)—This hospital won the appreciation of the commanding general of the First Marine Division, Fleet Marine Force, for handling of casualties resulting from the Peleliu operation. A letter to Capt. H. E. Robins (MC) USN, said that "the magnificent care and many kindnesses shown to our casualties has our deepest gratitude."

Bill Proposes Service Medical Schools

Washington, D. C. (HCQNS)—A bill submitted to the House of Representatives seeks establishment of a medical training school in each corps area which would supply physicians for the Army, Navy and Public Health Service. In exchange for regular medical training the students would agree to serve a minimum of 10 years.

A chip on the shoulder is a good indication of wood higher up.



Captain C. M. Shaar, MC, USN, new Medical Officer in Command, greets Rear Admiral Lucius Johnson, District Medical Officer, who was here recently for an informal inspection of the hospital.

Comings and Goings

Needless to say, the most important happening during the month of March was the reporting of the new Medical Officer in Command. Captain Shaar reported aboard on 20 March. He was formerly attached to the U. S. Naval Hospital, Philadelphia, Pennsylvania.

X-ray, Physical Training and Physiotherapy Departments have had new officers report. On 19 March Captain W. E. Costolow, MC, USNR, reported as the Head of the X-ray Department. He was formerly connected with the Los Angeles Tumor Institute. . . . Lieut. J. M. Beam (S) USNR, reported from the U. S. Naval Hospital, Seattle, Washington, for duty in connection with the Physical Training Program and Ensign E. A. Rich H(W) USNR, reported for duty in the Physiotherapy Department.

Lt. (jg) J. H. McEvers, MC, USNR, is the new intern aboard. He attended the University of Tennessee College of Medicine. Pharmacist J. S. Buehner, HC, USNR, reported after being overseas.

The former Officer in Charge of S.O.Q., Lt. Comdr. G. T. Burke, MC, USNR, received despatch orders to report to a naval hospital at Pearl Harbor. . . . Another "old timer" in the Neuropsychiatric Department was detached when Lt. Comdr. E. W. Briggs, MC, USN, was transferred to the U. S. Naval Hospital, Astoria, Oregon. . . . Lt. Comdr. J. B. Hromadka, MC, USNR, was detached and will be attached to the U. S. Naval Dispensary, Long Beach.

Lieut. H. F. Mershon, MC(S), was transferred to the U. S. Naval Hospital, San Diego. . . . Ensign P. V. Sira (SC), USN, departed to Washington, D. C., for temporary duty and then to Norfolk, Virginia, for duty aboard ship.

It goes without saying that when an officer gets an apartment or buys a car, he is certain to receive orders. This was true of Lieutenants R. J. Maxfield and L. A. Whoolery. Dr. Maxfield was transferred to the U. S. Naval Hospital, Mare Island, and Dr. Whoolery to Small Craft Training Center, San Pedro, for duty in connection with the fitting out of a ship.

**your
brain
is a
weapon . . .**

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IT'S YOUR HEAD — USE IT

The former Ass't. Ship's Service Officer, Pharmacist W. F. Smith, has gone to the U. S. Naval Advance Base Personnel Depot, San Bruno, prior to going overseas.

Temporarily detached are Lt. Comdr. C. H. Blackstone, DC, USN, who has gone to Rochester, Minnesota, for instruction in maxillo-facial surgery, and Pharmacist J. C. Kolodziej, USN, who will take a course in Civil Readjustment at Bethesda, Maryland.

Swimming for Health and Recreation

Equally popular with patients and staff is the new \$110,000 swimming pool recently completed on this compound.

The pool has been in operation since early in December, 1944, when it was opened under the charge of the physical training rehabilitation section. Visitors have remarked on the size of this mammoth outdoor area. The pool itself measures 164 feet by 50 feet, and ranges in depth from 4 feet to 11 feet. The cubic content totals some 427,000 gallons, and the mean temperature of the water is maintained constantly at 80 degrees, being checked two or three times daily. The huge pool is completely circulated every eight hours; this process includes filtration, chlorination and maintenance of a 7.6PH alkaline balance.

Among the facilities available to both staff and patients are the locker and towel arrangements, the sun-deck for sun bathing, game equipment such as ping-pong, darts, and box hockey, one and three meter diving boards, kick boards, and water polo equipment.

Because of the need to regulate attendance at the pool, an Executive Officer's Memorandum was issued on 7 December 1944. This schedule sets aside periods from 0800 to 1100 and 1300 to 1545 daily, except Sundays, for patients. Hospital Corpsmen may use the pool Mondays, Wednesdays, and Fridays from 1600 to 1700; the pool is set aside for the use of the Waves on Tuesdays and Thursdays from 1600 to 1700. Mixed swimming for Waves and Corpsmen is allowed week ends; this period runs from 1300 to 1630 on Saturdays, and from 1000 to 1200 on Sundays.

Doctors, Nurses and Wave officers may use the pool from 1100 to 1300 daily and from 1300 to 1630 Sundays. Night Corpsmen and Waves with duties starting at 1600 are allowed use of the swimming facilities between 0800 and 1100 daily.

The instructors have set aside one section of the pool for patient water therapy and many orthopedic patients are undergoing courses in water exercise. This area is equipped with exercise plinth boards, water walkers, water gymnastic exercisers and kick boards.

Courses in swimming techniques will be given in class sections when the weather warrants such procedure. Several Nurses, Corpsmen and Waves are getting an early start with individual lessons during their recreational periods. Notices on the organization of swimming classes will be posted on the bulletin boards situated in front of the towel issue room and outside the equipment room. These boards contain pertinent information in regards to rules and regulations, and other notes of interest to swimming pool enthusiasts.

With the advent of warmer weather, patients and staff alike are expected to flock to the swimming pool to enjoy the many fine features offered at this popular spot.

It is hoped that some of the leading water shows will give exhibitions at the pool in the future. Efforts are being made to ready the area for any such eventuality.

And so for a good time, let's go down to the swimming pool. Come on in, the water's fine!

PROMOTIONS

(Cont'd from Page 1)

Mary L. Kirkland, Dorothy C. Martin, Janet Johanna Callaghan, Marion L. Ahlquist, Matilda E. Weibe, Alice Mae Van Cleave, Ada Belle Van Cleave, Isabel P. McArthur, Gertrude C. Young, Florence M. Petrovich, Olivia Irene Petrovich, Eunice F. Petermeier, Jeanne G. Robertson, Hilda H. Monger, Anne V. Ahlstrom, Frances A. Nelson, Hazel T. Mueller, Mary A. M. Pritchett, Charlotte D. Anderson and Rosemarie V. Mastronardi—all (NC) USNR.

SPORTS

By M. C. Patrick, HAI/c

BASKETBALL

A victorious game with the Hospital Golds officially closed the 1944-45 basketball season for the Naval Hospital team. After the facts and figures have been eliminated we find the station varsity played some 52 games during the season, winning 38 while going down in defeat 14 times.

Several obstacles encountered during the year, such as losing key men and lack of a practice gym, undoubtedly held the team back greatly. Talent was so great, however, that the team went on to win the championship in the YMCA Industrial League with 22 victories and 1 defeat. The Hospital Golds finished in third place, winning two and losing three. They took part in the second half of the race only.

In saying adieu, we give our wholehearted praise and appreciation to the entire basketball squad. Well done, men!

SOFTBALL

With the approach of Spring the Staff are turning their thoughts to softball and some of the old-timers that were here last year can recall the fine team that represented the Hospital last season and are probably wondering how the team will shape up this season. It is the opinion of this observer that the team this year should be better than the fine team of the past season.

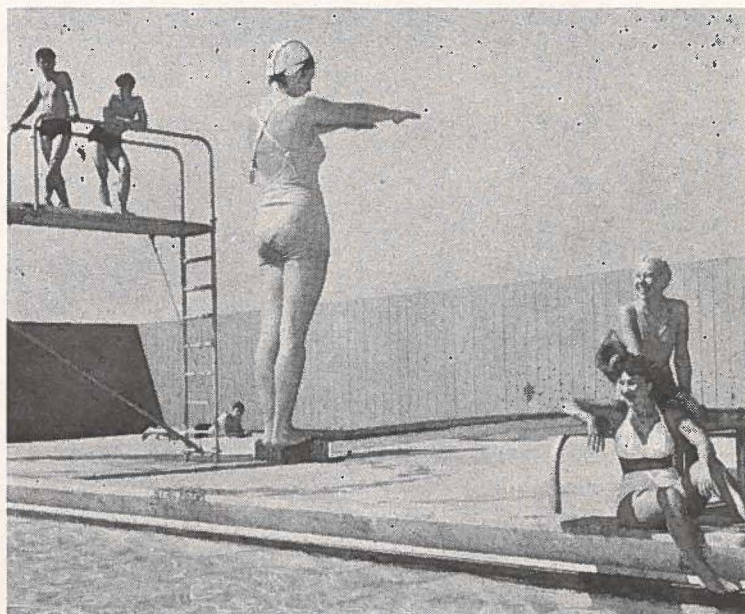
The team has played one game against the Army Harbor Defense team. When the smoke rose the Hospital was on the long end of a 7 to 1 score. If this game is any indication of the season, and this reporter thinks it is, we are going to have, barring accidents and drafts, one of the best softball teams in the State of California.

We have back with us this season such outstanding stars as Fanning, Crandall, Pearl, Covello and Perdue, who were the mainstays of last year's Championship team.

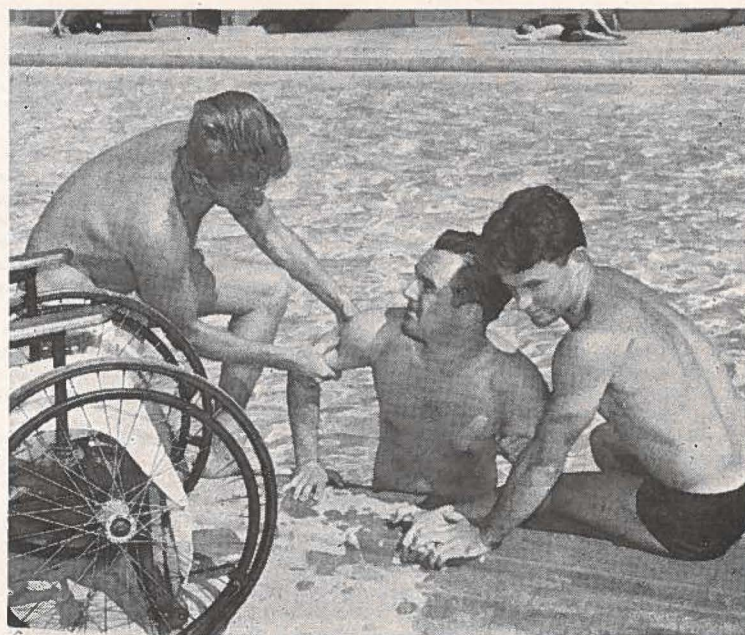
The team roster so far this season is as follows:

Perdue, Covello, Winkler, Crandall, Pearl, Gindling, Murphy, Kelley, Coker, Eliicko, Crist and Patrick.

All of the support that the Staff and patients can give this team will be greatly appreciated by the team and the Athletic Dept.



Three attractive feminine patients gain health at the swimming pool. They are: Suzanne Beech, RM2/c, WAVE (on diving board), Corporal Maxine Rystrom, USMC (background), and Pfc. Ruth Yent, USMC (seated).



V. W. Schwinning, S2/c, hospital patient, is undergoing a series of water development exercises to help remedy orthopedic injuries. He is aided by C. M. Hirsch, Sp(A)1/c (left), and CSp(A) W. C. Crowe (right), of the Rehabilitation Physical Training Staff. These men are detailed to the swimming pool to help treat men such as Schwinning.

HOSPITAL CORPSMAN AND CIVIL EMPLOY WED

Neil E. Hawley, PhM1/c, USN, of the Staff Office, and Viola Ferguson, civil employ of the P&A Office, were joined in matrimony recently.

The couple were wed in a double ring ceremony attended by close friends.

The Reverend C. Venable of Compton performed the ceremony.

All of their friends on the staff wish this popular couple the best of everything in their future life together.

ALAMEDA FLIGHT SCHOOL ESTABLISHED FOR NAVY NURSES AND PHARMACIST'S MATES

Washington, D. C. (HCQNS)—Organization of a flight school to train flight nurses, pharmacist's mates 2c and 3c, and Hospital Corps officers for special duty aboard medical department casualty evacuation planes was announced here by Vice Admiral Ross T. McIntire, Surgeon General of the Navy.

The school is located at NATB, Alameda, Calif., and each class will

consist of one Hospital Corps officer, 24 Navy nurses and 24 pharmacist's mates. They will compose the personnel for each 12-plane VRH squadron which will evacuate casualties from the Pacific combat areas on a regularly scheduled basis. Following two weeks of special training, each class will be given a three-week practice period aboard NATS planes transferring patients within the continental limits.

Selection of personnel for this duty will allow preference to all with previous flight experience.



A Coast Guard father, hospital patient, receives his son's posthumous decoration. The presentation is made by Majors R. L. Henderson (left) and W. D. Hostetler, of the Army Air Corps. James R. Pate, MoM2/c, USCG, wears his son's medal—the Air Medal with two Oak Leaf Clusters.

The Book Corner

For those who want a novel that is both mature and courageous with the present day as its setting, but not a war story, Gwethalyn Graham's **Earth and High Heaven** is a "must read." This is the tender, human love story of Marc, a young Canadian Jew, and Erica, an English Canadian girl. These two star-crossed lovers were confronted with bitter family opposition based on race prejudice. How Marc and Erica finally overcame this prejudice is the main theme of the book.

This novel is an excellent study of Canadian race relations with its setting in the city of Montreal where French Canadians, Scotch-English Canadians, and Jewish Canadians come in contact both in society and business. Marc's and Erica's story is especially timely inasmuch as the very essence of their problem is one of the things the War is trying to destroy.

Earth and High Heaven is so well written, with honesty and humor, that it is advisable not to start reading the book at night unless you are fortunate enough to have a bed lamp.

The following titles are some of the most interesting additions to the Library during the past month:

Non-fiction: **Brave Men**, Pyle; **I'm Gazing Into My Eight Ball**, E. Wilson; **Your Kids and Mine**, Joe E. Brown; **Strangers Should Not Whisper**, Goris; **Philadelphia Lawyer**, Pepper; **Lost Waltz**, Harding; **Take Them Up Tenderly**, Harriman.

Technical Books: **Tool Making**, Cole; **Investments**, Dowrie; **Jewelry Gem Cutting and Metalcraft**, Baxter; **Game Management**, Leopold; **Fundamentals of Telephony**, Albert.

Fiction: **Great Son**, Ferber; **Some of My Best Friends are Soldiers**, Halsey; **The Building of Jalna**, De La Roche; **Emperor's Physician**, Perkins; **The Fury of the Earth**, Kroll.

Flash!!! The Library has 11 copies of **Forever Amber** in circulation. Perhaps you will now receive your copy before the "duration and six months."

Submitted by Virginia Parker,
Assistant Librarian.

Applications Sought For VD Control Officers

Washington, D. C. (HCQUNS)—Properly qualified enlisted men in the Hospital Corps may apply for commissions as H(S) officers for service in the field as VD control officers, it was announced by the Chief of the Bureau of Medicine and Surgery.

Fifty officers in this classification are being sought among enlisted personnel, officers in other classifications and civilians. Age limits are to 45 years.

Qualifications, in addition to those outlined in the Officer Qualifications Manual, should include at least one of the following:

(a) A college degree in any of the basic sciences, public health administration, health education, sociology, or related fields, and at least one year of practical experience in venereal disease control with the U. S. Public Health Service, State and local health departments, the Division of Social Protection (Federal Security Agency), the U. S. Army, the American Social Hygiene Association and affiliates, the National Tuberculosis Association and affiliates, or any recognized volunteer agency of comparable caliber.

(b) A college degree and at least three years of practical experience in some phase of public health work with one or more of the organizations specified above.

Japan Defeat Seen Year After Germany

China (CNS)—M/Gen Albert C. Wedemeyer, newly appointed commander of American forces in this theater and chief of staff to Generalissimo Chiang Kai-shek, expects Japan's defeat within about a year from the time the struggle in Europe ends.

"But," he adds, "everyone thought the war in Europe would be over this year, and it may run into early next summer."

Morale is what keeps your feet going when your head says it ain't possible.

Posthumous Award to Army Man Made To Father While Hospital Patient

An unusual event occurred at Long Beach Naval Hospital recently when two Army Air Force Majors presented a posthumous award of the Air Medal with two Oak Leaf Clusters, to James R. Pate, MoM2/c, USCG, hospital patient.

SEABEE IMPROVISES ULTRA-VIOLET RAY MACHINE

New Guinea (HCQNS)—A Navy Seabee in New Guinea who remembered an ultra-violet ray machine he had seen in the States has built a similar device from captured Japanese material and is reported to have successfully treated mates suffering from rashes and other mild tropical skin afflictions.

The Seabee, E. O. Fleury, EM1c, USNR, took a condenser from a Jap walkie-talkie he has picked up in the Admiralty Islands, separated a vibrating step-up coil from an Australian field condenser, found a head-light bulb in a wrecked jeep, and decided he had the parts he needed for his therapeutic device.

He punctured the head-light bulb and had a Navy hospital corpsman inject a saline solution with a hypo needle; insulated the contraption with mica from an older soldering iron; tagged the device completed and ready for service.

Shrewsbury, N. J. (CNS)—Due to the paper shortage, there will be no more report cards for pupils in the Shrewsbury grammar school. Hereafter, the teachers will give verbal reports to the parents of school children.

The award was for Pate's son, Staff Sergeant James W. Pate of the Army Air Corps, and cited him for meritorious achievement in aerial flight against the enemy.

Young Pate was killed in action while with the 15th Air Force in the European Theatre.

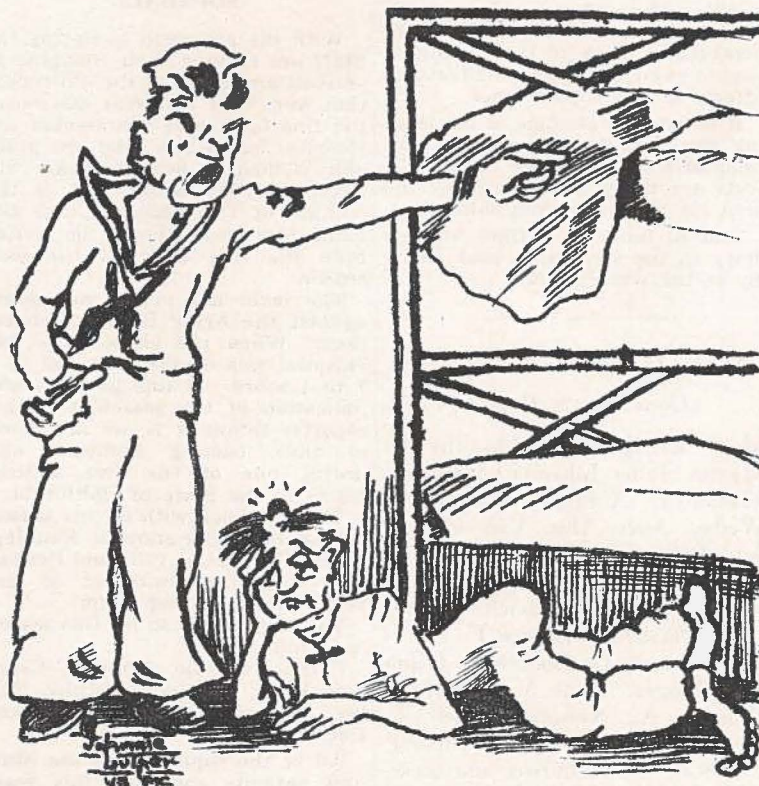
By the direction of the President of the United States, represented by Brig. Gen. Donald F. Stace, Commanding General of the Western District ATSC, the award was personally presented by Majors R. L. Henderson and W. D. Hostetler—both of the Air Corps.

Pate Sr. has been in the service for three years, and during that period had not seen his hero son.

Pate resides with his wife at 1217 So. Friends Avenue, Whittier, California.

New Augusta, Ind. (CNS) — Mrs. James McGoldrick has reported a botanical phenomena: spring violets growing in her back yard in October.

HIT THE DECK



What do you mean, you don't think you can make it?



Milk for Your Saucer

A fond farewell to our own Sally Bull who rose from the ranks to be commissioned Ensign, Hospital Corps. At a gay get-together in the Waves' Recreation Room hidden talent was awakened. Eloquent Charlotte Wile did a rare bit of "toastmistressing," and one E. Irene Ischersmaltz (the last—we hope—in a long line of gifted Ischersmaltzes) offered the following ode to Sally:

Tonight in this room we meet
To hail your rise into the elite,
And it's certainly nice for this
bunch of gluttons
That you've decided to change your
buttons.

As far as we know Physio will
collapse,
And thousands of patients have a
relapse,
Without the sister Sally way
Of beating on them all the day.

And when you are gone, there'll be
no inspiration
To put in a call to Transportation.
For a chummy party of 1,000 or two
Or perhaps a few more before you
are through.

We even loved you, Sally old dear,
When during the spring of last year
At ungodly hours we remember
rising
To do some horrible exercising.

Don't forget, as Hanna puts it all
"Our spotless record in basketball"
How some neighboring gal would
kick, bite and such,
And the referee'd say we fouled too
much.

Just a serious line to end . . .
To us all you've been a good friend
The officers think they're honoring
you, but
They're lucky you're wearing that
stripe of blue!

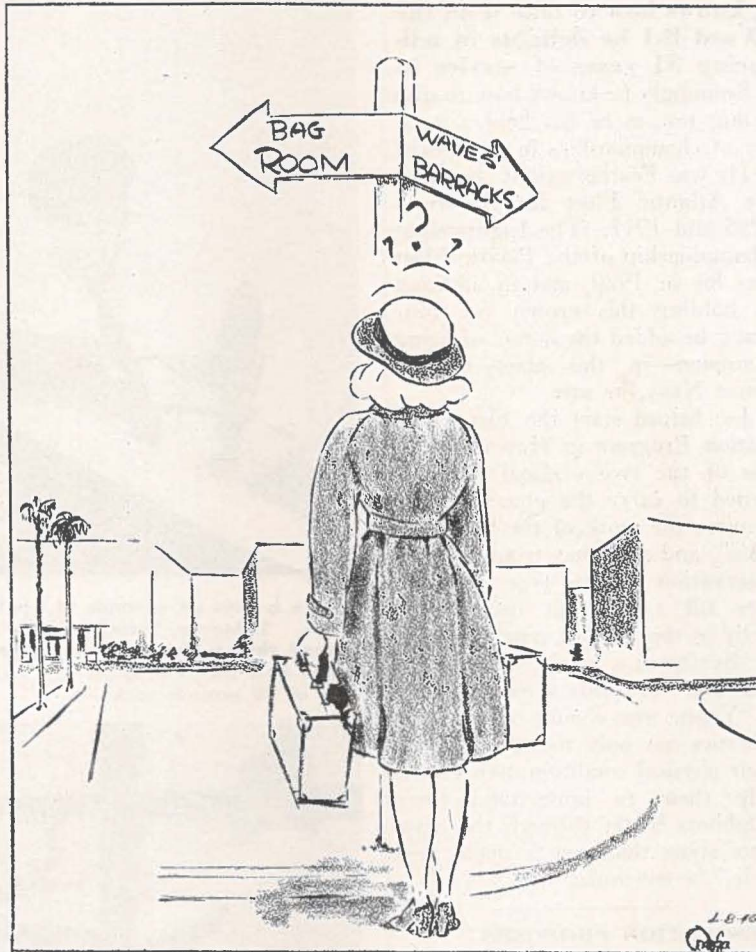
The past and future of Sally:

Graduate of Sargent College of Boston, in Cambridge, with a B.S. in Physical Education; then did graduate study in Physical Therapy at Harvard Medical School, Boston. Her pre-war occupations were in the Physio Therapy Department at the Colorado General Hospital, Denver, and Indiana University Medical Center, Indianapolis. She enlisted in the Waves in September, 1943, with indoctrination at Bethesda Medical Center. From Long Beach Naval Hospital she checked in at Oak Knoll for officer indoctrination, and will move on to San Leandro Naval Hospital for duty.



The barracks began to buzz with activity at 2 o'clock Easter morn when sleepy-eyed gals prepared to board the Red Cross Caravan to the Hollywood Bowl. As the 20,000

ROUGHLY SPEAKING by A. G. Santomauro



people congregated in this natural setting 'mid mountains, one recalled potent stories of the multitudes gathering to wait for Christ. Even before dawn the services began with Gloria Patri from a group of angel-gowned trumpeters. The symphony orchestra, with Jane Powell vocalizing, and an inspiring sermon, made for an impressive sunrise service.

* * *

Aloha's from Hawaii . . . From the pens of Eva Cofield and Eleanor "Johnny" Johnston . . . Upon Eve's arrival she had a temporary stay in a quonset hut village; later reporting to a Naval Air Station for dispensary lab. duty. Already she has observed the customs and atmosphere of Honolulu, and basked in the sun on Waikiki Beach. . . "Johnny" Johnston cuts her courtin' short—a Hawaiian moon appears simultaneously with the 9 o'clock curfew!

Just so you girls won't think it's a direct course from Long Beach to the land o' the tropical splendor a word about the interim at Shoe-maker. . . Eleanor Wilbur found she was continuously taking cross-compound hikes, and went through two GI pairs of shoes. Besides a round of lectures she had the problem of getting everything into her duffle and musset bags, to be ready to catch one last glimpse of the Golden Gate.

* * *

Grateful gobs and gals have been congregating for sunny hours of fun and frolic at the pool. A special note: The mats that make for comfort while sun bathing; the pin-pong equipment on the sun deck; the Chief's willingness to teach an enthusiast a new stroke; our

corpsman Allsberry's expert aquatic maneuverings, so pleasant to witness; and the tan on Pat Utter and Helen Woodbury (even "we girls" pause to admire it).

* * *

FOOD FOR THOT—

"A day is like a trunk. You can put twice as much in it if you know how. The right way to pack a trunk is not to dump the stuff right in the middle, but to pack it tightly in the corners and sides. Last of all, pack the middle.

"There is a right way, too, to pack a day. A man can do nearly twice as much if he appreciates what he can do in five minutes—if he fills up the corners of his day."

TALLY & HO!

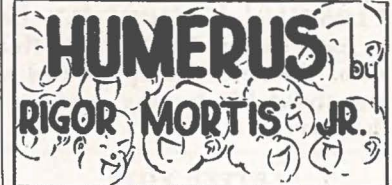
DID YOU KNOW THAT—

Mrs. Goddard, civilian employee of the Staff Office, left the quiet sanctuary of the Teacher's Professional Library at the Board of Education for a reason that is near and dear to her?

The reason is that being here keeps her nearer to her son, Jack, who is now Executive Officer of the USS MERCURY. Prior to this assignment Lt. Goddard was the Commanding Officer of an LST.

In view of the fact that Jack has just completed his 48th month at sea—don't pick Mrs. Goddard's shoulder to cry on when you have to go to sea, she says!

Last, but not least, we all want to send our best wishes with Captain Albright to his new station. We have enjoyed having you as our skipper, and wish to thank you for the many things you did for all of us.



The modern girl's hair may look like a mop but that doesn't worry her because she doesn't know what a mop looks like.

* * *

Admiral: "So this is the new Ensign, eh? Why, I looked just like him at that age! What's he crying about?"

Junior Officer: "He must have heard what you said, sir!"

* * *

"A submarine," wrote the boot on his examination paper, "is a ship with water on all four sides of it."

* * *

There are two kinds of people in the Navy—enlisted men, and the people with clothes that fit.

* * *

HA2/c: "I fell in a mud puddle!"
CPHM: "Why with your dress blues on?"

HA: "Well, it happened so fast I didn't have time to take them off."

* * *

A chief is the guy who cusses you out after the Navy swears you in.

* * *

A woman may put on a riding habit and never go riding. She may put on a bathing suit and never go swimming—but when a woman puts on a wedding gown she means business.

* * *

Officer Candidate: "Sir, I have neither pencil nor paper."

Instructor: "What would you think of a soldier who went into battle without rifle or ammunition?"

O.C.: "I would think he was an officer, sir."

* * *

A good listener is not only universally popular but after a while he knows something.

* * *

A leave is a short duration of recreation preceded by a long period of anticipation and followed by a suitable period of recuperation.

* * *

"Did you get that cigar from a friend?"

"I don't know yet."

* * *

Once upon a time the ferry service between heaven and hell broke down. St. Peter telephoned Satan the news and said: "If you don't provide more efficient service I'll put my own men in charge!"
"You don't say," snickered the Devil, "and where are you going to get a Chief Boatswain's Mate?"

* * *

HA1/c: "Give me a match?"

HA2/c: "Here it is."

HA1/c: "Well, can you beat that? I have forgotten my cigarettes."

HA2/c: "Too bad—give me back my match!"

* * *

Doing nothing is tiresome because you can't stop and rest.

* * *

Sign at the Blood Bank: "Please keep your appointments. Let's not get caught with our pints down."

* * *

When a fellow finally realizes what a drip he's been, it's usually too late to fix the faucet.

Hospital Patient Ex-Boxing Champ

Joe Fischer, CBM, USN (Ret.), knows how to take it on the chin. From his hospital bed in Ward B-1 he delights in telling about his boxing exploits during 31 years of service in the Navy.

LETTER FILE

Dear Editor—

As one who did duty at Long Beach, and whose home is near there, would appreciate very much if you would put me on your mailing list for each copy of the AORTA if possible. If not, then would like to have the latest copy anyway.

I often wonder out here in the Pacific what goes at Long Beach, and I know that it has grown to be one of the best Naval hospitals in the country since the day we put her in commission on Dec. 15th 1942.

My regards to all hands and the best of luck . . . keep up the good work.

Fraternally,
Bill Smith, PhM1/c, USNR.

HOSPITAL SHIP ESTABLISHES FLOATING WHOLE BLOOD BANK

Guam, Marianas Islands (HCQNS) — A Navy hospital ship successfully brought a large quantity of whole blood to this island during the recent campaign, the first example of a floating whole blood bank, hitherto believed impossible due to deterioration of the blood under sea conditions. Blood donated by Marines in the Marshalls was carried successfully to the Guam beachhead.

Vets to Get 1st Call On Federal Property

Washington (CNS) — The U. S. Senate has confirmed a 3-man Surplus Property Board in the Office of War Mobilization which will prescribe regulations governing disposition of an estimated \$100,000,000,000 worth of government-owned material, tools, plants, land and facilities.

Board members are: Former Senator Guy M. Gillette, Iowa Democrat; former Governor Robert A. Hurley of Connecticut and L/Col. Edward Heller, Army Finance Officer.

Congress has directed the board to draw its regulations so as to give any lawful preferences to veterans in the disposal of any property useful in the establishment or maintenance of small business enterprises.

Seemingly he knows how to dish it out, too, as he has held a number of championships in past years.

He was Featherweight champ of the Atlantic Fleet for the years 1915 and 1917. The Lightweight Championship of the Pacific Fleet was his in 1920, and in addition to holding this crown for four years, he added the honor of being champion—in this class—of the entire Navy, he says.

Joe helped start the Fleet Recreation Program in Hawaii, being one of the two original men assigned to carry the plan out. He admires the work of the Specialist "A's", and says that from his past observation in this type of work they fill a long-felt need—especially in the field of rehabilitation.

"Boxing is a good conditioner," Joe says, "as is any active sport."

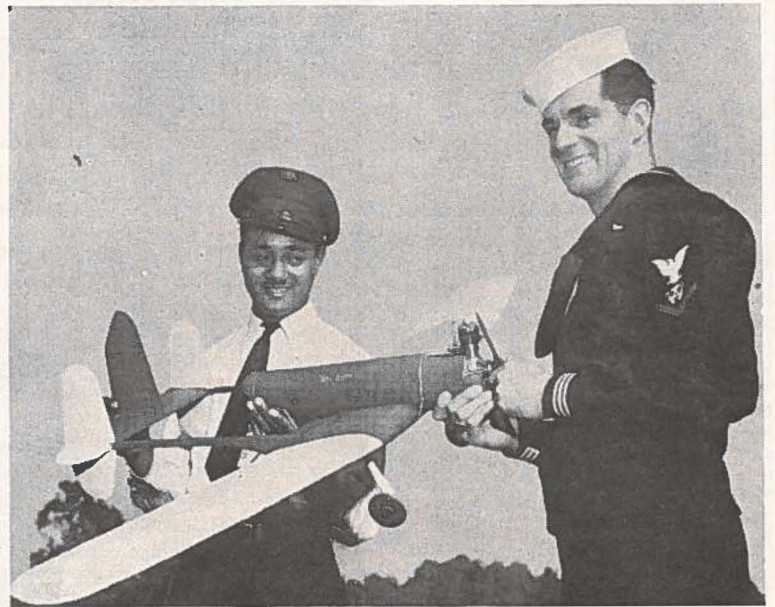
"Young men should take part in athletics not only for the good of their physical condition, but also to help them to understand their neighbors better through the close association that sports make possible," he concludes.

RESOLUTION PROPOSES WOMEN'S SERVICE "ACADEMY"

Washington, D. C. (HCQNS) — A proposal for establishing "a school for the training of women for service as commissioned officers in the Army, Navy, Marine Corps, and Coast Guard" was contained in a joint resolution entered in Congress recently. The resolution requests a complete plan for the combination "Annapolis-West Point" by 1 April 1945.

New York (CNS) — Lucky Charlie Giebel found a \$1500 platinum ring in the rear seat of his taxicab soon after discharging two women passengers at a local museum. He turned it in to the police, who returned it to him when no one claimed it. Lucky Charlie's wife is wearing it now.

Northampton, Mass. (CNS) — Asked her denominational preference, a Smith College freshman answered: "I like to be called Betty."



Above is seen an example of what real cooperation plus a little skill can produce. S. Martin, StdM3/c (left), and John H. Boedeker, MM1/c (right), produced this model plane of original design in one week's time. It is powered by a 32 RPM motor which cost \$17.50, and has had four sustained flights of 30 seconds each.



Seen above from left to right are W. H. Reams, PhM3/c, Irene O'Connell, Ens. (NC) USN, and Harriet Jorgenson, Lt. (jg) USNR, all busily engaged in taking inventory in the hospital linen room. During the month of December 374,452 separate pieces of linen were washed for this department by the laundry. In view of weekly, monthly and quarterly inventories a lot of pencils are worn to stubs by this busy crew. Every piece of linen must be stenciled, checked and kept in repair—and the staff reminds us that linen is not to be torn into rags until it has been definitely surveyed.

SWAB STORY



Navy War Bond Cartoon Service



CHAPLAINS' COLUMN

Philip C. Skehan, Lt. (CHC) USNR.....Catholic Chaplain
Edgar F. Lawrence, Jr., Lt. (jg) (CHC) USNR.....Chaplain
Kenneth Roduner, SP(W)1/c USNR.....Chaplains' Assistant

The Catholic Mass at 0900 and the Protestant Services at 1000, both in the auditorium of this hospital on every Sunday, will be transmitted via the radio-channel system to the bed-patients.

CATHOLIC

Masses are celebrated twice each Sunday in the Auditorium at 0645 and 0900. On week days Mass is celebrated in the Chapel in the Chaplain's Office at 0645. Chaplain Philip C. Skehan is the celebrant. Confessions are heard on Sundays before Mass and during the week at any time.

PROTESTANT

Protestant Services are held each Sunday in the Auditorium at 1000. Chaplain Edgar F. Lawrence, Jr., conducts the service and preaches the sermon. Special music of an inspiring nature is provided each Sunday. Kenneth Roduner plays for both services.

Everyone at the Hospital is cordially invited to attend the service of their choice and to find the inspiration that worship brings.

JEWISH

Jewish Services are held each Friday at 1500 in the Civilian room, opposite the Chaplain's Office. The Chaplain will also be here on Wednesday afternoons, for consultation.

"FAREWELL"

(Chaplain P. C. Skehan, USNR)

My orders for overseas duty have arrived. I am to stand-by until my relief, Chaplain Hope, arrives on April 27th.

I wish to take this opportunity of extending a warm welcome to all members of the Staff and to the many civilian-personnel with whom I have worked on this tour of duty. Your kind and thoughtful cooperation has made my 17 months here a happy period. I also wish to extend my farewell to the many patients with whom I have come in contact while working on the wards.

In looking forward with expectancy to my new duties, I trust that you will remember me in your prayers and that God's Grace will make my future work profitable in His sight.

ACCENTUATE THE POSITIVE

By Chaplain Edgar F. Lawrence Jr.

There is a popular song which is heard on the radio today whose title is a guide to life in the service—"Accentuate the Positive—Eliminate the Negative!" To accentuate anything is to bring out distinctly. To accentuate the positive in one's life then is to bring out distinctly the positive characteristics in that person's life. But one can only do this by eliminating anything which happens to be negative in that life, anything which doesn't add to a person's character, so it is in the service we should:

1. Accentuate the positive in what we say. Too many people think that they add to their vocabulary by using profane language, but all profane words are negative words—they never add to, but they subtract from one's character, and so they should be eliminated from one's vocabulary, for we are judged a great deal by what we say and how we say it.

2. Accentuate the positive in

what we think. Thoughts are powerful things in one's life—they control our lives, and so to make our lives worthwhile we should think positive thoughts—thoughts upon which we should be able to build lives, thoughts which will go toward building good character.

3. Accentuate the positive in what we do. This will naturally follow if we say and think on the positive side of life. Our actions are most always the results of our thoughts. It is said that "Jesus went about doing good." His life is a pattern for our lives and any acts of our lives should be acts for "doing good."

The words of this song may be forgotten, the tune may die with time, but the title, "Accentuate the Positive—Eliminate the Negative," serves as a guide for those in the service. What about you, mate, which are you accentuating—POSITIVE or NEGATIVE?

GI TRAINING, EXPERIENCE NOW WORTH SCHOOL CREDIT

By Camp Newspaper Service

This is addressed to servicemen and women everywhere, but primarily to those who plan to return to school after the war.

You can earn academic credit, while still in service, not only for satisfactorily completing courses offered through the facilities of the United States Armed Forces Institute, but also for a wide variety of military training and experience.

Even your basic training has an educational value, in the opinion of leading American educators. So have the various courses offered by Army and Navy schools, Army and Navy specialized training and actual experience handling a Service job.

USAFI officials and leading American educators have devised certain guides and procedures designed to assure every serviceman and woman a fair evaluation by U. S. schools and colleges of his military training and experience and of off-duty educational studies.

The plan seeks to avert the mistakes made following the last war, when accreditation for military training and experience was haphazard, "hit-or-miss," and often on a simple "even-Stephen" basis—so much credit for so much time spent in service. Under this arrangement, some men got more credit than they deserved and some got less.

Keystone of the new plan is a handbook published by the American Council on Education, worked out in co-operation with the National Department of Secondary-School Principals, the great regional accrediting associations, the Army Education Branch in the Information and Education Division and the corresponding agencies in the Navy, Marine Corps and Coast Guard.

This booklet contains descriptions of the hundreds of training courses in the Armed Services—objectives, content, time allotment and admission requirements. It also contains the judgments of educational experts on the appropriateness of accepting the course for credit in different types of civilian school or college programs. Published in up-to-date looseleaf form, it will be in the possession of practically all high school principals and college officials. With the handbook for ready reference, educators will be able readily to interpret and evaluate applications for credit from military personnel and need have only an accurate and reliable statement from the applicant.

In order to facilitate the handling of such applications, USAFI has worked out a method whereby military personnel can apply directly to the schools or colleges of their choice for credit, with assurance of a speedy and fair evaluation.

Servicemen and women are urged to make application while still in the service because the action by the schools and colleges on their applications will provide a guide to the courses or studies they should pursue through USAFI or in off-duty classes in order that they may resume their education after their return to civilian life at the most advanced level possible.

Personnel whose postwar educational plans are indefinite should

submit credit applications to the school or college they think it most likely they will attend so that an official record of their military training and experience will be available if needed.

A new application form, "Application For Credit For Educational Achievement During Military Service," (USAFI Form No. 47, revised September 1944) has been devised for this purpose. Every Educational Services Officer has this form.

Upon receipt of the form, the educational official at the school will study the facts shown in it, check them against his own records in the American Council Handbook and in relation to the diploma requirements of his own school, and determine the kinds and amounts of credit to which the applicant is entitled.

In most instances, the educator will be able to make this decision promptly and without requiring more information. In some cases, however, it may seem desirable to suggest that the applicant take certain USAFI examinations in order to supply additional evidence of his educational status or competence.

The educator will report the examinations desired to USAFI, which will send them directly to be administered locally by the certifying officer. The results will be returned immediately to USAFI, which will grade the examination papers and report the grade received to the school or college for use in determining credit.

Copies of the form mentioned above, as well as advice and assistance in filling it out, are available to patients and staff at the Educational Services Office, opposite W-2—Phone 105.

PATIENT WINS PRIZE IN KATE SMITH CONTEST

Corporal Paul B. Mass, USMC, hospital patient won \$10 as a runner-up prize in the Kate Smith "Tall Tales" contest recently.

Each week Kate Smith awards \$350 cash—\$250 first award and 10 runner-up prizes of \$10 each—to servicemen in U. S. hospitals for their best "Tall Tales".

On June 10, her last CBS Sunday program, the singing star will award a grand prize of \$1,000 to the serviceman who submits the "tallest tale of all."

Philadelphia (CNS) — "Thirty Minute Gertie," a local character, was arrested by police recently. Her offense, complained the law, was that she sought work as a maid, worked for 30 minutes, then left "with everything in the house that wasn't nailed down."

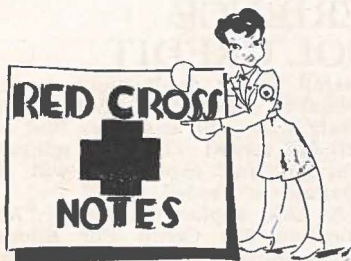
Money doesn't always bring happiness. A man with ten million dollars is no happier than a man with nine million dollars.

* * *

The difference between in-laws and outlaws is that in-laws promise to pay it back.

* * *

Heredity: Something every father believes in until his children begin acting like fools.



Mozart, Bach and Grieg or Martin, Dorsey and Goodman—the Red Cross music room record library in the Walker Building offers a wide variety of composers and musicians. A collection of 40 albums and over 100 records are available for the musical minded patient. Comfortable chairs, a modern radio and record player combination, a recording machine and a small library of musical volumes may be used daily from 9:30 to 4:00. Personal recordings may be made Wednesday or Thursday afternoon from 1:00 to 4:00. The Red Cross music room has been planned for your entertainment. Come over and enjoy your choice of music.

* * *

It's a forever changing world in the Red Cross personnel with transfers, leaves and resignations changing the roster continually. Miss Sylvia Jacobsen, formerly on the staff of U.S.N.H. San Leandro and prior to that with the U.S.N.H. in Rhode Island, has replaced Miss Louise Schionneman in the position of Case Work Supervisor. Miss Schionneman has left Red Cross to return to civilian social work.

With over two years in an army station hospital at Camp Wolters, Texas, to her Red Cross credit, Miss Jerry Lang is now adjusting herself to the Navy blue life as a social worker. Miss Lang's home originally was in Minnesota, where she was an administrative supervisor of social service in metropolitan areas before applying for a Red Cross position. Also from an Army post, comes Miss Kathryn Matthews, social worker, who has been serving in the station hospital at Camp Roberts, California. Her home is in Seattle, Washington, where she was associated with the city welfare department and wrote for a syndicate.

Leaving Red Cross temporarily to assume her former duties of housewife, is Mrs. June Daggatt, social worker who has been on the staff here ten months. Her husband is now stationed on the West Coast prior to receiving his overseas assignment.

Staff members welcomed back their senior recreation worker this month, who now has a Mrs. preceding her name. The former Barbara Fowler was married to Lt. (jg) Hugh Ralston in Santa Barbara in March. They honeymooned in Carmel and San Francisco prior to Lt. Ralston's shipping orders.

Dear Sailor:

Ain't you got no paper?
Ain't you got no pen?
Ain't you got no envelope
To put my letter in?
Has ya lost my address?
Lost my letters, too?
Don't you know I'm wonderin'
Why I ain't heard from you?
Is ya mad or somethin'?
Or maybe—riding a swell?
Is ya gonna write tonight?
Ya is? Gee, that's swell!

Entertainment Keeps Patients, Staff Happy

"Never a dull moment" is the motto of the Welfare and Recreation Department. The plaudits of patients and staff are testimonials to the fact that the calibre of entertainers brought to the hospital recently has made that motto a true statement.

During March the programs have ranged from comedy to classics, and from "corn" to Donald Duck. Bed patients were not forgotten as many of the shows were presented in the wards.

Ginny Simms, star of the movies and radio, thrilled ward patients with her lovely voice. She was accompanied on the guitar by Earl Colbert.

Lovely Frances Langford, accompanied by Tony Romano, also toured the wards—adding many admirers to her already long list.

Two Variety Ward Shows were presented; one by the Los Angeles Veterans of Foreign Wars Auxiliary; the other by the Communications Corps of the United States.

A USO Camp Show provided their usual excellent standard of entertainment. The mysteries of

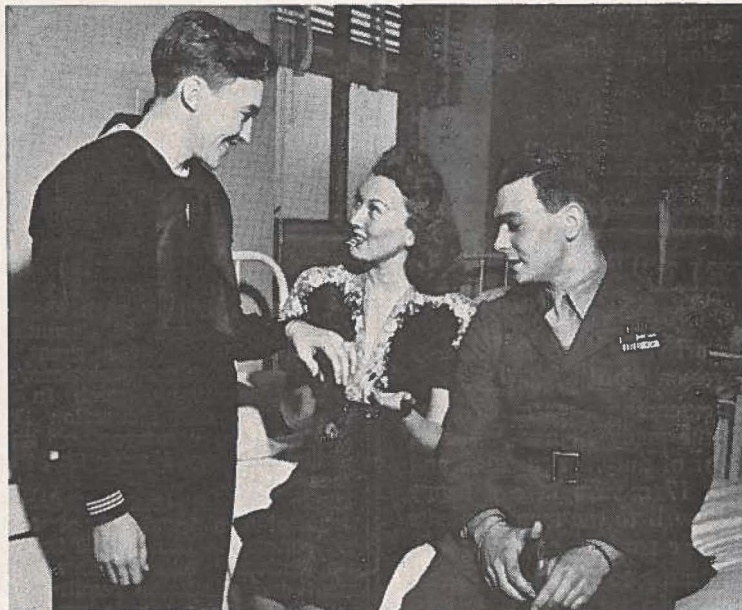
electronics were explained during the showing of the General Electric House of Magic.

Jose Iturbi has no peer when it comes to tickling the ivories—from Bach to boogie-woogie. His program of piano selections was well received by an enthusiastic audience.

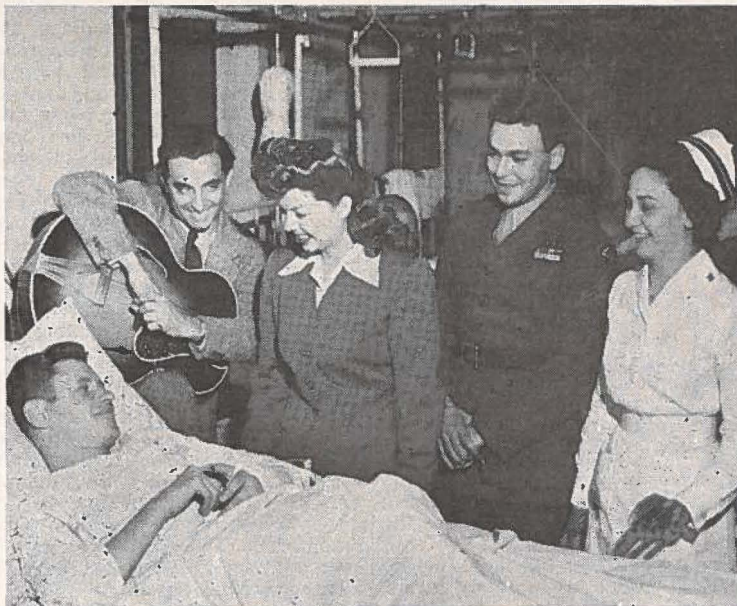
An unusual program was presented by a group of Walt Disney's employees which included everything from Donald Duck and his "voice" to sketching on the stage.

The Long Beach Community Players presented "Suds in Your Eyes", an hilarious comedy, so effectively that they were returned for a request repeat performance.

This ambitious program was rounded out by the regular schedule of movies presented in the hospital auditorium.



Ginny Simms adds a note of glamour to any situation. She proved it recently when she thrilled the patients with her beautiful voice.



Beautiful Frances Langford, famous star, entertains ward bed patients.



It is with great pleasure that we welcome our new Commanding Officer, Captain Shaar, to our station. May we as the nurses in your new command lend the helping hand where we are needed.

Happiness was read on the faces of Miss Olson and Miss Metcalf after they returned from their short leave to San Francisco where they welcomed their shipmates back to solid terra firma. The returnees had spent over three years in an internment camp as prisoners of the Japs.

They smilingly related that nurses can take it as the girls were in fair health, and most happy to be back.

* * *

We are very happy, indeed, to state that our basketball team won the tournament game. Congratulations, team! Your exceedingly good sportsmanship in a loss or a victory is a virtue well earned.

If anyone is interested we are having a softball team and a bowling team. Girls, make use of the healthful way of keeping that figure. There is lots of fun in it, too.

* * *

It is indeed a pleasure to welcome the new arrivals, and by the way the buildings are going up here, there, and everywhere, we are looking forward to filling our quarters and making many new friends.

* * *

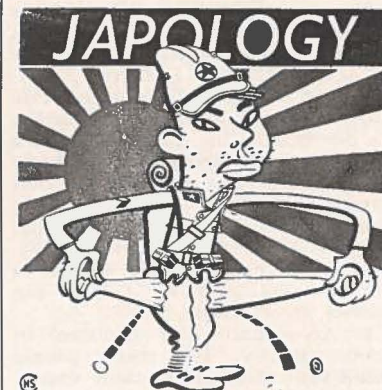
The hi-lites of the month were the promotions through ALNAV for all Ensigns and Lieutenants (jg) who were qualified.

The best to all of you girls in your climb to the top rung of the ladder.

Many of our girls who were promoted received orders the following day. Our best wishes for luck and good duty. We'll be seeing you bye and bye.

* * *

The picture man was around, and it is with great pleasure that we are able to show you the views of our quarters and pass on to you the congenial atmosphere we girls share.



Japan has had a system of compulsory military training since 1873. The Jap soldier receives 10 yen (about \$2.36) per month. Of this amount, 8 yen go to his family and 16 yen goes to compulsory savings. The rest, amounting to about 15 cents in our currency, he keeps as "spending money."